

Platz	Name	Punkte	Meter
1.	Leon Cuno (Nenndorf/ESE) [A]	40	4792
2.	Jann Coordes (Eversmeer/ESE) [A]	35	4825
3.	Torben Thorwarth (Westeraccum/ESE) [A]	30	4546
4.	Fynn Meyerhoff (Südarle/NOR) [A]	18	4424
5.	Jannis Saathoff (Moordorf/AUR) [A]	17	4253
6.	Eike Gerken (Rahe/AUR) [A]	14	4177
7.	Lars Fähnders (Ardorf/WTM) [A]	12	4275
8.	Mathis Niendieker (Dietrichsfeld/AUR) [B]	11	3113
9.	Söntke Bents (Blomberg/ESE) [B]	10	4068
10.	Kevin Decker (Wiesedermeer/FRI) [A]	10	3874
11.	Jendrik Rahmann (Wiesederfehn/FRI) [B]	9	3929
12.	Jeremy Emken (Fulkum/ESE) [B]	8	2330
13.	Joel Koch (Ostermarsch/NOR) [A]	7	3669
14.	Lennart Erdwiens (Dietrichsfeld/AUR) [B]	7	3419
15.	Oliver Eggers (Nenndorf/ESE) [A]	5	3892
16.	Terje Oldenettel (Etzel/FRI) [A]	4	3979
17.	Lukas Schmidt (Wiesedermeer/FRI) [A]	3	3830
18.	Sören Derezinski (Reepsholt/FRI) [A]	3	3716
19.	Lukas Ihnen (Utarp-Schweindorf/ESE) [A]	3	3233
20.	Tido Barkhoff (Dietrichsfeld/AUR) [A]	1	3919
21.	Leon Jochems (Ardorf/WTM) [B]	1	3616
22.	Fabian Peters (Grossheide/NOR) [B]	1	2700
23.	Keno Kohlhaas (Willen/WTM) [A]	0	3804
24.	Mika Gossel (Middels/AUR) [B]	0	3745
25.	Tarke Fleßner (Utarp-Schweindorf/ESE) [B]	0	3714
26.	Arne Kleemann (Wiesedermeer/FRI) [A]	0	3711
27.	Leon Siegmann (Westeraccum/ESE) [A]	0	3638
28.	Jonah Müller (Westeraccum/ESE) [A]	0	3546
29.	Ole Mühlena (Südarle/NOR) [B]	0	3488
30.	Fabian Klemm (Utarp-Schweindorf/ESE) [A]	0	3475
31.	Jelko Ennen (Fulkum/ESE) [B]	0	3471
32.	Hauke Meentz (Buttforde/WTM) [B]	0	3468
33.	Lukas Thiel (Willmsfeld/ESE) [A]	0	3446
34.	Enno Ennen (Fulkum/ESE) [B]	0	3420
35.	Marvin Gronewold (Ostermoordorf/NOR) [B]	0	3291
36.	Joris Westermann (Fulkum/ESE) [B]	0	3234
37.	Lukas Backer (Fulkum/ESE) [B]	0	3204
38.	Sjard Eilers (Grossheide/NOR) [B]	0	3163
39.	Elias Kruse (Westeraccum/ESE) [B]	0	3096
40.	Jelto Agena (Blomberg/ESE) [B]	0	3025
41.	Torben Wilken (Blomberg/ESE) [B]	0	2996
42.	Reno Willms (Blomberg/ESE) [B]	0	2917
43.	Tim Sander (Westeraccum/ESE) [A]	0	2472
44.	Sven Raveling (Dietrichsfeld/AUR) [B]	0	2465
45.	Jesse Tjaden (Hagerwilde/NOR) [B]	0	2292
46.	Yannick Peters (Berumerfehn/NOR) [A]	0	2118
47.	Jarik Heyen (Westeraccum/ESE) [A]	0	2083
48.	Dominik Hermann (Berumerfehn/NOR) [B]	0	1638
49.	Jonas Janssen (Spekendorf/AUR) [A]	0	913

Gesamtwertung weiblich 3/5

Platz	Name	Punkte	Meter
1.	Tomke Harms (Südarle/NOR) [A]	39	3887
2.	Ilka Göken (Norddeich/NOR) [A]	27	3484
3.	Femke Tammen (Simonswolde/AUR) [A]	23	3549
4.	Jana Isenecker (Stedesdorf/ESE) [A]	21	3462
5.	Marit Abken (Holtgast/ESE) [B]	19	3547
6.	Eske Schepker (Blomberg/ESE) [A]	17	3403
7.	Mia Born (Dietrichsfeld/AUR) [B]	14	3378
8.	Lana Bents (Utarp-Schweindorf/ESE) [B]	12	3367
9.	Merle Rosenberg (Hagerwilde/NOR) [B]	12	3118
10.	Melina Fleßner (Ihlowerfehn/AUR) [B]	10	3180
11.	Laura Friedrichs (Dietrichsfeld/AUR) [B]	9	3250
12.	Jenna Heyen (Westeraccum/ESE) [B]	9	2045
13.	Jaike Schoon (Schirumer-Leegmoor/AUR) [A]	7	3253
14.	Anna-Lena Christians (Eversmeer/ESE) [A]	7	3195
15.	Wencke Abken (Utarp-Schweindorf/ESE) [B]	7	3157
16.	Lina Willms (Ardorf/WTM) [A]	7	2035
17.	Mia Broßonn (Müggenkrug/FRI) [B]	3	3133
18.	Kea Patrzek (Holtgast/ESE) [A]	2	3102
19.	Marit Erdwiens (Dietrichsfeld/AUR) [A]	2	785
20.	Jana-Maria Behrends (Blomberg/ESE) [A]	1	3088
21.	Jette Gronewold (Utarp-Schweindorf/ESE) [B]	0	3084
22.	Daje Rector (Hage/NOR) [B]	0	3009
23.	Tomke Weinstock (Rahe/AUR) [B]	0	3000
24.	Rena Slink (Grossheide/NOR) [B]	0	2951
25.	Emma Jacob (Neuschoo/ESE) [A]	0	2817
26.	Emma Denkena (Nenndorf/ESE) [B]	0	1916
27.	Jule Solting (Abickhufe-Dose/FRI) [A]	0	1771
28.	Lena Blumenfeld (Grossheide/NOR) [B]	0	1057
29.	Marleen Bußmann (Dietrichsfeld/AUR) [B]	0	533