

| Platz | Name                                      | Punkte | Meter |
|-------|---|--------|-------|
| 1.    | Jann Coordes (Eversmeer/ESE) [A]          | 50     | 6231  |
| 2.    | Torben Thorwarth (Westeraccum/ESE) [A]    | 42     | 5950  |
| 3.    | Leon Cuno (Nenndorf/ESE) [A]              | 40     | 6018  |
| 4.    | Fynn Meyerhoff (Südarle/NOR) [A]          | 28     | 5788  |
| 5.    | Jannis Saathoff (Moordorf/AUR) [A]        | 26     | 5603  |
| 6.    | Eike Gerken (Rahe/AUR) [A]                | 22     | 5494  |
| 7.    | Lars Fährnders (Ardorf/WTM) [A]           | 15     | 5512  |
| 8.    | Kevin Decker (Wiesedermeer/FRI) [A]       | 15     | 5137  |
| 9.    | Jeremy Emken (Fulkum/ESE) [B]             | 14     | 3600  |
| 10.   | Oliver Eggers (Nenndorf/ESE) [A]          | 12     | 5179  |
| 11.   | Jendrik Rahmann (Wiesederfehn/FRI) [B]    | 11     | 5160  |
| 12.   | Mathis Niendieker (Dietrichsfeld/AUR) [B] | 11     | 4198  |
| 13.   | Söntke Bents (Blomberg/ESE) [B]           | 10     | 5152  |
| 14.   | Lukas Schmidt (Wiesedermeer/FRI) [A]      | 7      | 5075  |
| 15.   | Joel Koch (Ostermarsch/NOR) [A]           | 7      | 4640  |
| 16.   | Lennart Erdwiens (Dietrichsfeld/AUR) [B]  | 7      | 4613  |
| 17.   | Terje Oldenettel (Etzel/FRI) [A]          | 4      | 3979  |
| 18.   | Sören Derezinski (Reepsholt/FRI) [A]      | 3      | 4707  |
| 19.   | Lukas Ihnen (Utarp-Schweindorf/ESE) [A]   | 3      | 4028  |
| 20.   | Tido Barkhoff (Dietrichsfeld/AUR) [A]     | 1      | 4816  |
| 21.   | Jelko Ennen (Fulkum/ESE) [B]              | 1      | 4701  |
| 22.   | Fabian Peters (Grossheide/NOR) [B]        | 1      | 3802  |
| 23.   | Leon Jochems (Ardorf/WTM) [B]             | 1      | 3616  |
| 24.   | Arne Kleemann (Wiesedermeer/FRI) [A]      | 0      | 4911  |
| 25.   | Keno Kohlhaas (Willen/WTM) [A]            | 0      | 4864  |
| 26.   | Mika Gossel (Middels/AUR) [B]             | 0      | 4773  |
| 27.   | Fabian Klemm (Utarp-Schweindorf/ESE) [A]  | 0      | 4691  |
| 28.   | Ole Mühlana (Südarle/NOR) [B]             | 0      | 4686  |
| 29.   | Leon Siegmann (Westeraccum/ESE) [A]       | 0      | 4627  |
| 30.   | Hauke Meentz (Buttforde/WTM) [B]          | 0      | 4617  |
| 31.   | Enno Ennen (Fulkum/ESE) [B]               | 0      | 4429  |
| 32.   | Lukas Thiel (Willmsfeld/ESE) [A]          | 0      | 4380  |
| 33.   | Marvin Gronewold (Ostermoordorf/NOR) [B]  | 0      | 4355  |
| 34.   | Elias Kruse (Westeraccum/ESE) [B]         | 0      | 4294  |
| 35.   | Lukas Backer (Fulkum/ESE) [B]             | 0      | 4186  |
| 36.   | Sjard Eilers (Grossheide/NOR) [B]         | 0      | 4129  |
| 37.   | Joris Westermann (Fulkum/ESE) [B]         | 0      | 4069  |
| 38.   | Jelto Agena (Blomberg/ESE) [B]            | 0      | 3940  |
| 39.   | Reno Willms (Blomberg/ESE) [B]            | 0      | 3927  |
| 40.   | Tarke Fleßner (Utarp-Schweindorf/ESE) [B] | 0      | 3714  |
| 41.   | Jonah Müller (Westeraccum/ESE) [A]        | 0      | 3546  |
| 42.   | Tim Sander (Westeraccum/ESE) [A]          | 0      | 3439  |
| 43.   | Yannick Peters (Berumerfehn/NOR) [A]      | 0      | 3211  |
| 44.   | Jarik Heyen (Westeraccum/ESE) [A]         | 0      | 3189  |
| 45.   | Torben Wilken (Blomberg/ESE) [B]          | 0      | 2996  |
| 46.   | Sven Raveling (Dietrichsfeld/AUR) [B]     | 0      | 2465  |
| 47.   | Jesse Tjaden (Hagerwilde/NOR) [B]         | 0      | 2292  |
| 48.   | Dominik Hermann (Berumerfehn/NOR) [B]     | 0      | 1411  |
| 49.   | Jonas Janssen (Spekendorf/AUR) [A]        | 0      | 913   |

## Gesamtwertung weiblich 4/5

| Platz | Name  | Punkte | Meter |
|-------|---|--------|-------|
| 1.    | Tomke Harms (Südarle/NOR) [A]               | 44     | 4863  |
| 2.    | Marit Abken (Holtgast/ESE) [B]              | 31     | 4662  |
| 3.    | Jana Isenecker (Stedesdorf/ESE) [A]         | 31     | 4510  |
| 4.    | Mia Born (Dietrichsfeld/AUR) [B]            | 29     | 4561  |
| 5.    | Ilka Göken (Norddeich/NOR) [A]              | 27     | 4363  |
| 6.    | Femke Tammen (Simonswolde/AUR) [A]          | 23     | 3549  |
| 7.    | Lana Bents (Utarp-Schweindorf/ESE) [B]      | 21     | 4396  |
| 8.    | Eske Schepker (Blomberg/ESE) [A]            | 17     | 4221  |
| 9.    | Melina Fleßner (Ihlowerfehn/AUR) [B]        | 17     | 4179  |
| 10.   | Jaike Schoon (Schirumer-Leegmoor/AUR) [A]   | 15     | 4268  |
| 11.   | Anna-Lena Christians (Eversmeer/ESE) [A]    | 13     | 4175  |
| 12.   | Merle Rosenberg (Hagerwilde/NOR) [B]        | 12     | 3933  |
| 13.   | Wencke Abken (Utarp-Schweindorf/ESE) [B]    | 10     | 4117  |
| 14.   | Laura Friedrichs (Dietrichsfeld/AUR) [B]    | 9      | 4095  |
| 15.   | Jenna Heyen (Westeraccum/ESE) [B]           | 9      | 2799  |
| 16.   | Lina Willms (Ardorf/WTM) [A]                | 7      | 2866  |
| 17.   | Jette Gronewold (Utarp-Schweindorf/ESE) [B] | 4      | 4049  |
| 18.   | Mia Broßonn (Müggenkrug/FRI) [B]            | 3      | 3133  |
| 19.   | Kea Patrzek (Holtgast/ESE) [A]              | 2      | 4018  |
| 20.   | Tomke Weinstock (Rahe/AUR) [B]              | 2      | 3908  |
| 21.   | Marit Erdwiens (Dietrichsfeld/AUR) [A]      | 2      | 785   |
| 22.   | Daje Rector (Hage/NOR) [B]                  | 1      | 3926  |
| 23.   | Jana-Maria Behrends (Blomberg/ESE) [A]      | 1      | 3875  |
| 24.   | Rena Slink (Grossheide/NOR) [B]             | 0      | 3828  |
| 25.   | Emma Jacob (Neuschoo/ESE) [A]               | 0      | 3724  |
| 26.   | Emma Denkena (Nenndorf/ESE) [B]             | 0      | 1916  |
| 27.   | Jule Solting (Abickhafe-Dose/FRI) [A]       | 0      | 1771  |
| 28.   | Lena Blumenfeld (Grossheide/NOR) [B]        | 0      | 1057  |
| 29.   | Marleen Bußmann (Dietrichsfeld/AUR) [B]     | 0      | 533   |